CASE STUDY
Safe & Smart City

Dallmeier

Video security for 24/7 operations

POWER & FITNESS CENTER: AROUND-THE-CLOCK SECURITY – EVEN REMOTELY



Requirement

- Secure gym operations around the clock
- Early detection of burglary, vandalism, and theft
- Quick assessment of incidents without staff on-site
- Protecting members' privacy

24/7
Gym operations around the clock

100%
Location-independent access

10 years
Trust in Dallmeier video security technology

Solution

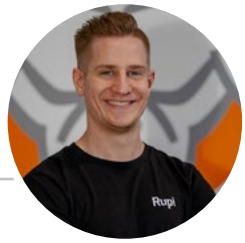
- Modernization of the existing Dallmeier system
- VideoNetBox for reliable video recording
- SeMSy® Mobile Client for mobile access to live video streams and recordings
- Encrypted remote access via the Dallmeier Connect Service

Result

- Quick assessment of incidents via smartphone or tablet
- Remote monitoring of relevant gym areas
- Greater flexibility and confidence in decision-making for operators

"If an incident occurs, I can immediately see what is happening on-site on my smartphone and decide right away whether action is needed."

Rupert Heilmeier, Managing Director of the Power & Fitness Center



The Power & Fitness Center in Regensburg, Germany, offers its members a modern, fully equipped training environment – 24 hours a day, 365 days a year. To ensure a high level of security for members even during unstaffed nighttime hours and to reliably protect the premises against burglary, vandalism, and theft, the gym has relied on video security technology from Dallmeier for a decade.

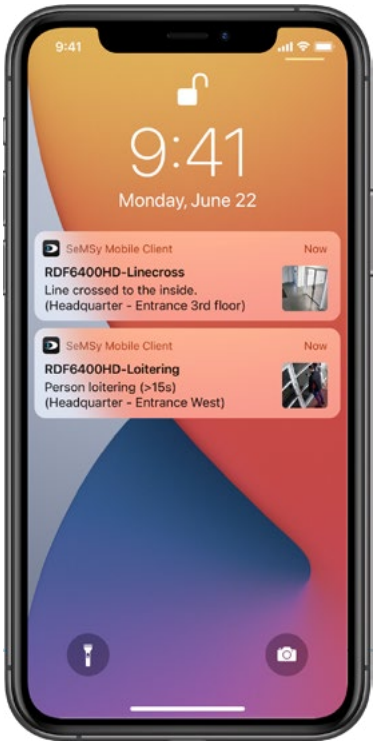
High-quality training – around the clock

At the Power & Fitness Center in Regensburg, beginners, recreational fitness enthusiasts, and competitive athletes train under one roof. The facilities range from cardio and strength training machines to an extensive free weights area and an artificial turf area covering more than 85 m².

A key feature of the gym is its flexible access: Members can use the training facilities 24 hours a day. Trainers and staff are on-site during staffed hours, while members can use the gym independently outside these times. This presents a particular challenge for the operators: Even when no staff are present, security-related incidents must be detected quickly and assessed reliably.

Quickly assessing incidents remotely

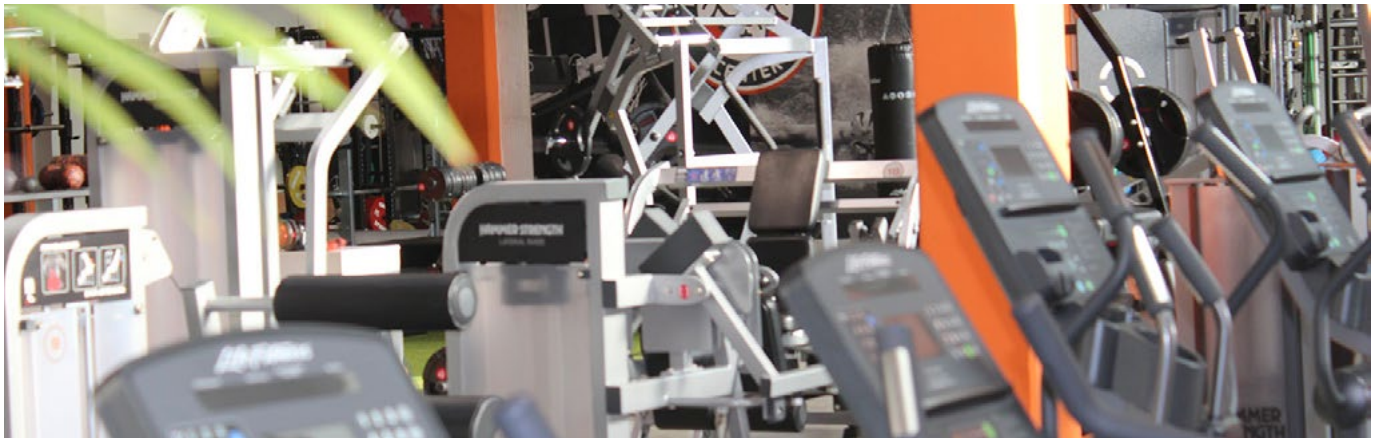
While staff are on-site during the day, members train independently at night. For the operators, it is therefore essential to reliably monitor relevant areas such as entrances, training areas, and emergency exits without compromising members' privacy.



When an incident occurs, those responsible need to determine what is actually happening on-site as quickly as possible. The ability to assess the situation remotely and decide whether further action is necessary – without first having to drive to the gym – is therefore crucial.

Proven technology meets mobile access

The Power & Fitness Center has trusted Dallmeier video security technology for around ten years. Member privacy was taken into account from the initial planning stage, with the video security system designed in



The Power & Fitness Center offers its members a modern, fully equipped training environment.

close coordination with the fitness center's external data protection officer. As part of a recent upgrade, the existing system was modernized.

A Dallmeier VideoNetBox provides reliable video recording. The compact recording system delivers high recording quality while requiring minimal space and operating quietly – making it a practical solution for installation directly in the gym.

At the heart of the upgrade is the SeMSy® Mobile Client. The mobile application provides management with secure access to live video streams and recordings directly from a smartphone or tablet – anytime, anywhere. An intuitive user interface allows users to select cameras, view live video, and search recorded footage using a timeline. This enables those responsible to quickly assess whether action is required, even when they are on the move – without having to be physically present. Access is encrypted via the Dallmeier Connect Service.

"For ten years now, we have trusted in the reliability of Dallmeier systems. In a 24-hour operation, the security of our members is our top priority. With the latest upgrade and the SeMSy® Mobile Client, we have significantly enhanced our security level once again. If an incident occurs, I can immediately see what is happening on-site on my smartphone and decide right away whether action is needed. This flexibility and reliability give us as operators, as well as our customers, complete peace of mind," says Rupert Heilmeier, Managing Director of the Power & Fitness Center.

*"If an incident occurs, I can immediately see what is **happening on-site** on my **smartphone** and decide right away whether action is needed."*

Rupert Heilmeier,
Managing Director of the Power & Fitness Center

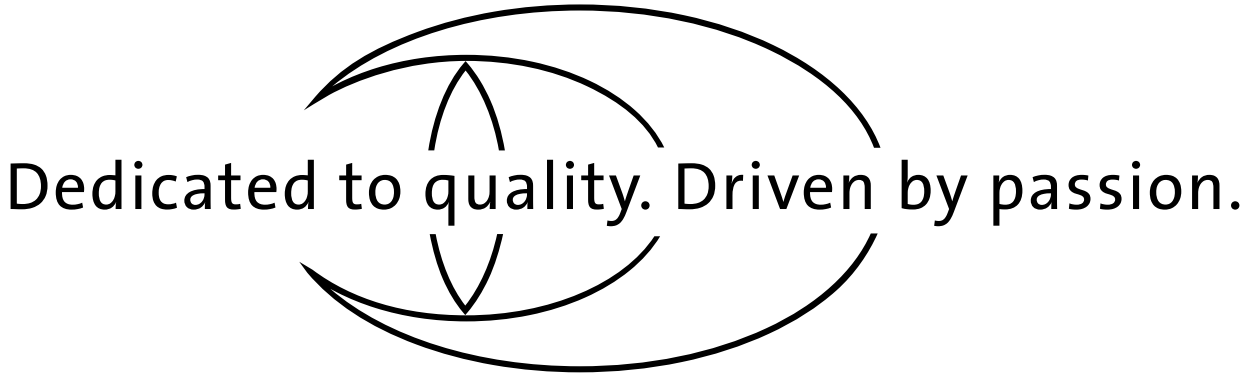
Greater flexibility for reliable 24/7 operations

In the day-to-day operations of the Power & Fitness Center, mobile access offers one key advantage: greater flexibility. Even when no staff are present at the gym during the night, those responsible can quickly check what is happening on-site whenever necessary and respond accordingly. The solution thus provides the level of security needed to support a gym that is available to its members around the clock.

- Domera® cameras
- Privacy and security
- Dallmeier Solutions for Safe City



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